Serial No. 10/581,167 Docket No. 4220-129 US

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in this Application:

Listing of Claims:

1. (Currently amended) A process for preparing rice gruel in an aseptic package, comprising the steps of:

rinsing raw rice;

immersing the rice in water;

putting the rice in a heat resistant plastic bowl in an aseptic space and sterilizing at 140-143°C for 4.5 seconds, seven times repeatedly;

adding 30-70 wt% of total cooking water into the bowl in an aseptic space;

cooking the rice;

adding the residual amount of the total cooking water into the bowl;

sealing and wrapping the bowl; and

leaving aside the <u>sealed</u> bowl for 12 minutes <u>without applying additional cooking means</u> and then cooling the bowl in a 10°C water bath for 15 minutes; and

sealing and wrapping the bowl.

- 2. (Canceled).
- 3. (Canceled).